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EXPERIENCEMOMENTA.COM

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ENTRANCE ON AUBREY ST.

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Canoe Trip WHAT TO BRING

- jacket
- hat
- 1 sweatshirt or hoodie
- 2 pairs of shorts
- 1 pair of long pants
- underwear & socks for 3 days
- 2 t-shirts
- Pajamas
- bathing suit
- 1 pair runners
- sandals or shoes that can get wet
- toothbrush and paste
- brush or comb
- any necessary medications

Please do not bring:

- anything valuable
- electronics (MP3 players, cell phones, hand held games, iPods, etc)
- matches and lighters
- drugs, alcohol
- pocket knives

Optional items:

- book and/or journal
- flashlight
- camera

Momenta will provide sleeping bags, sleeping pads, water bottles, and all camping gear. We will also provide sunscreen and bug spray, and rain jackets and pants.